



STRONGEST
CALLING ALL STRONG MEN
& WOMEN...

COMPETE FOR PRIZES IN 4
EVENTS:

TIRE FLIP (most flips in a minute)
BODYWEIGHT CARRY (20 yards)

TIRE TOSS

BENCH PRESS (75% bodyweight/reps)

\$5/per event or ALL 4 FOR \$10

Proceeds go to FCCAN

Prizes given to top male/female in each
event...

All day during the CanoeFest Festival at
the FC FairGrounds!!!

**Sponsored by AnytimeFitness
(Harrison, OH/Batesville, IN)**